

Newsletter

Friday 16th August 2024

Principal's Report

Welcome to the end of Week 5 of Term 3!

Organisational

Hats - compulsory from 1st September

It is that time of the year for parents and carers to locate, dust-off and be ready to send your child to school with a school broad-brimmed hat.

1st September to end of April the following year is Sun Smart time - and a school broad-brimmed hat is a compulsory part of school uniform - keeping our students (and staff) safe from harmful UV rays through this high UV index period.

STUDENTS ARE DUE TO WEAR HATS ON FRIDAY 1ST SEPTEMBER

Sun Smart Policy

Hats can be bought on line through Beleza Uniform.



Reminders - Student Safety

A reminder that children should be collected from the front of the school to ensure their safety. Parents and Carers please refrain from calling children to run over the road to waiting parked cars.



Change in Road Conditions due to Further Works

Please see the flyer in our newsletter about local road works due to commence.

ROAD

WORK AHEAD

This work involves new traffic lights being installed on the corner of Hastings and Yuille Streets and will undoubtedly result in a higher level of traffic congestion between St Francis Xavier Primary School on Park Street and Frankston Primary School, particularly at pick up time.

I encourage parents to park in nearby areas through this time and perhaps walk to school when you can - this may result in easing pick up traffic and make it a little easier for you and your family through this period.

Parent and Carer Opinion Survey Still Open

WE WANT OUR PARENTS & CAREGIVERS TO TELL US WHAT YOU THINK!

A reminder that the annual Parent & Carer Opinion Survey is open. The survey is optional, but we encourage and appreciate your participation.

The Parent & Caregiver Opinion Survey will be open online to Friday 30 August 2024, with our school inviting all families to participate in the survey.

The online survey is available in English and 10 other languages— please speak to our office should you require further information.

I thank parents and carers in advance for your time in completing this!

Survey link: https://www.orima.com.au/parent

Password: 956697

Hoping everyone enjoys your weekend!

Renée Kennedy—Principal

PRIMARY SCHOOL

Assistant Principals Report



WELLBEING

We all know the word BULLYING but do we really understand the true definition. I hope the information below brings us all together in our knowledge of what bullying is and the importance of stopping it!

BULLYING

National Day of Action against Bullying and Violence

Official Bullying, No Way! school

National Day of Action against Bullying and Violence on Friday 16 August 2024 with the theme, 'Everyone Belongs.' This theme continues to support research findings that strong

school community connections and social skills are protective factors in the prevention of bullying and help enable positive, help-seeking behaviours in students. This year's event highlights the importance of creating a safe and inclusive environment where everyone feels valued and respected.

The NDA is Australia's key bullying prevention initiative for schools, encouraging whole-school communities to work together to implement evidence-informed positive and proactive solutions to prevent and address bullying.

There is a growing awareness both in Australia and internationally, of the harmful impact bullying can have on all members of the school community. Frankston Primary School aims to strengthen prevention and empower everyone to make a stand and become a bully stopper, reducing incidents of bullying in all Victorian schools.

School processes for managing bullying, harassment, discrimination and violence are key to providing a safe and supportive school environment.

Frankston Primary School focusses heavily on restoring relationships and teaching about appropriate ways to relate to others in their responses to unwanted behaviours and physical acts of aggression.

Parents or other carers are often the first person that a child tells about incidents at school and we know that sensitive and respectful responses by parents can make a difference.

Remember it is important NOT to immediately refer to negative incidents as Bullying as single incidents and conflicts or fights between equals, whether in person or online, are not defined as bullying.

Part of Frankston Primary School's actions against bullying and violence involve teachers working with students in the classroom to define 'What Bullying is and what it isn't' and to come up with a collective understanding for all students. It also involves encouraging our students to be 'Upstanders NOT Bystanders' when they see things happening that they know need stopping. This does not mean students intervening in situations themselves but going to get a 'trusted adult to HELP!'



Assistant Principals Report

As parents you can help us too by understanding the definition of bullying so that you are clear about situations you may be dealing with.

So...... What is the definition of 'bullying'?

In 2018 the Education Council of the Council of Australian Governments endorsed a definition of bullying for use by all Australian Schools..........

"Bullying is an ongoing and deliberate misuse of power in relationships through repeated verbal, physical, social and/or psychological harm. It can involve an individual or a group misusing their power, or perceived power, over one or more persons who feel unable to stop it from happening.

Bullying can happen in person or online, via various digital platforms and devices and it can be obvious or hidden. Bullying behaviour is repeated, or has the potential to be repeated over time. Eg. through sharing of digital records.

Bullying in any form or for any reason can have immediate, medium and long term effects on those involved, including bystanders."

The most common ways that bullying is described are outlined below. Type of behaviour – verbal, social and physical There are three types of bullying behaviour:

- Verbal bullying which includes name calling or insulting someone about physical characteristics such as their weight or height, or other attributes including race, sexuality, culture, or religion
- Physical bullying which includes hitting or otherwise hurting someone, shoving or intimidating another person, or damaging or stealing their belongings
- Social bullying which includes consistently excluding another person or sharing information or images that will have a harmful effect on the other person.

If any of these behaviours occur only once, or are part of a conflict between equals (no matter how inappropriate) they are not bullying. Verbal, physical and social bullying can occur in person or online, directly or indirectly, overtly or covertly.

What about Online bullying? This is sometimes called cyberbullying.

Verbal, physical and social bullying can happen in person. Verbal and social bullying can happen online, as can threats of physical bullying. Specific features of online settings create additional concern for students, parents and carers, and teachers. For example, bullying someone online can potentially have an enormous audience. Research shows that children who are bullied online are often also bullied in person. This means that effectively dealing with online bullying means looking at other situations as well. Means – direct and indirect Direct bullying occurs between the people involved, whereas indirect actions involve others, for example passing on insults or spreading rumours. Indirect bullying mostly inflicts harm by damaging another's social reputation, peer relationships and self-esteem.

Community Aspire Optimism Respect Resilience Empathy Inclusion

Frankston Primary School: Term 3 Week 5 2024

PRIMARY SCHOOL

Assistant Principals Report

Styles of Bullying- Direct and Indirect

Direct bullying occurs between the people involved, whereas indirect actions involve others, for example passing on insults or spreading rumours.

Indirect bullying mostly inflicts harm by damaging another's social reputation, peer relationships and self-esteem.

Bullying can be easy to see which is called **overt**, or it can be hidden from those not directly involved, which is called **covert**.

Overt bullying involves physical actions such as punching or kicking or observable verbal actions such as name-calling and insulting. Overt, direct, physical bullying is a common depiction of bullying. (This is sometimes called 'traditional bullying'). But overt physical bullying may not be the most common type of bullying.

Covert bullying can be almost impossible for people outside the interpersonal interaction to identify. Covert bullying can include repeatedly using hand gestures and weird or threatening looks whispering, excluding or turning your back on a person, restricting where a person can sit and who they can talk with. Covert social or verbal bullying can be subtle and even sometimes denied by a person who claims they were joking or 'just having fun'.

Some bullying is covert and indirect, usually intentionally hidden, and very hard for others to see. This type of bullying can include spreading rumours threatening, blackmailing, stealing friends breaking secrets, gossiping, criticising clothes and personalities. Indirect covert bullying mostly inflicts harm by damaging another's social reputation, peer relationships and self-esteem, that is, through psychological harm rather than physical harm.

The ongoing nature of bullying can lead to the person being bullied feeling powerless and unable to stop it from happening. The effects of bullying, particularly on the mental health and wellbeing of those involved, including bystanders, can continue even after the situation is resolved.

This is why it is extremely important that as parents and educators we are ALL aware of the types of bullying that exist.

So, what can you do if your child tells you that they are experiencing 'bullying'?

SEGON PRIMARY SCHOOL

Assistant Principals Report

Talk with your child

Encourage your child to talk about what happened. If they want to try to deal with the bullying themselves, discuss these strategies and set a short period of time to see if they can resolve the situation. Tell your child that reporting the bullying is okay. Assure your child that it is not their fault.

Encourage your child to:

- try to act unimpressed or unaffected
- use other strategies to diffuse the situation (e.g. agreeing in an offhand way with the bullying when they say offensive or negative things - this is known as fogging)
- say 'No!' firmly
- · talk to the teacher or another staff member, e.g. Assistant Principal/Principal
- · act confidently even when they don't feel it.

Practise some strategies at home with your child to help them to:

- · stand and walk in a way that appears more confident
- · give a quick reply to surprise or disarm the other child
- use a routine response (e.g. okay, whatever) that implies that the child is not bothered.

Talk about what we know doesn't work with bullying:

- fighting back
- bullying the bully
- ignoring it
- playing with a different group of friends
- remaining silent about the problem.

Join the National Day of Action against Bullying and Violence on Friday 16th
August 2024 with the theme, 'Everyone Belongs' by connecting with your
community. It might be acknowledging something that someone in your
community is doing for others or simply connecting with someone through an act
of kindness.

Kindness promotes inclusiveness, respect and community belonging. Kindness plays an important role in bullying prevention. Kindness makes us feel good about ourselves and others.

Frankston Primary School will continue to promote 'Friends Learning Together' and highlight our values of Inclusion and Community as we celebrate our belief that together we all make a difference.

Join our school community to say 'Bullying, No Way!'

'Friends Learning Together' is a great motto!

Jo Booth, Sheila McDonagh, Janelle Doyle and Jackie Aitken (Wellbeing Team)

Aerobics



Congratulations FPS Aerostars

Congratulations to our FPS Aerostars School Aerobics Team who came third at the Australian Nationals on Sunday



Their commitment and dedication have allowed them to reach their goals, as well as the amazing teachers, Mrs Wilson and Mrs Drake, who dedicate so much time in developing and supporting the team.

Thank you also to all of our amazing supporters who travelled all the way to Adelaide to cheer the team on!





Grade 5/6 Camp



Grade 5/6 Camp Adventure at Camp Rumbug

The excitement was high as Grade 5/6 students boarded the bus to Camp Rumbug.

Upon arrival, they jumped straight into activities, tackling challenges like the low ropes course, thrilling flying fox, giant swing, and raft building, which provided plenty of laughs as rafts either floated or sank.

Canoeing offered a relaxing break, while the pungent mud run and blindfolded sensory trail added unique challenges, leaving everyone muddy but smiling. The students' bravery, especially on the giant swing and flying fox, was boosted by incredible peer support and encouragement.

The delicious meals were a hit, with many returning for seconds and thirds. By the end of Day two, tired bodies trudged up the extremely steep hills, but the sense of accomplishment was clear.

Camp Rumbug provided an unforgettable experience, filled with adventure, personal growth, and stronger friendships.





PRIMARY SCHOOL

Grade 5/6 Camp



PRIMARY SCHOOL

Friends Learning Together

What's Happening

Please note that this page will be updated each newsletter as new events are scheduled—Camps and excursion dates will be updated in the new year

Monday 19th August	Book Week
Monday 19th August	Whole School Assembly @2.30pm
Thursday 29th August	Father Day Activity Day 9-11am
Monday 2nd September	Whole School Assembly @2.30pm
Friday 6th September	Parent and Carer Association Meeting
Monday 16th September	Whole School Assembly @2.30pm
Wednesday 18th Sept	Production Night
Friday 20th September	Last Day of term 3 School finishes @2.30pm
Monday 7th October	First Day Term 4
Monday 7th Friday 11th October	Grade P-2 Swimming Program
Monday 14th October Wednesday 16th October	Semper Dental Visit
Monday 14th October	Whole School Assembly
Friday 18th October	Parent and Carer Association Meeting
Friday 25th October	World Teachers Day
Monday 28th October	Whole School Assembly
Friday 1st November	FPS 150 Year Celebration Day
Wednesday 6th November	2025 Prep Information Night
Monday 11th November	Whole School Assembly
Wednesday 20th Nov Friday 22nd November	Grade 3/4 Camp - Camp Briars More information to families will be sent out shortly
Monday 25th November	Whole School Assembly
Tuesday 26th November	Up Day
Friday 29th November	Parent and Carer Association Meeting
Tuesday 5th November	Melbourne Cup Public Holiday
Monday 9th December	Whole School Assembly
Tuesday 10th December	Year 6 to 7 State Wide Transition Day
Wednesday 18th December	Grade 6 Graduation
Friday 20th December	Final Assembly - Basketball Court Last Day of Term 4 finish @1.30pm



Fathers Day / Special Person Day Events



FATHERS SPECIAL PERSONS DAY STALL & ACTIVITY DAY

Thursday 29th August 2024

Additional Day for children who may have forgotten or would like to purchase something extra on Friday 30th August 2024

CLASSROOM ACTIVITIES WILL BE ANNOUNCED CLOSER TO THE DAY

THIS IS A NO EFTPOS EVENT

Service of Principle of Princip

Canteen—Fundraising



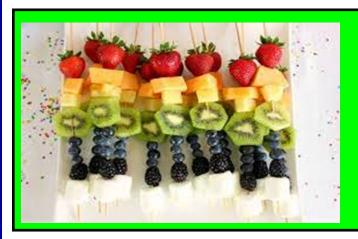
Cheese Toastie

Tues 20th August Recess \$2.50 each



Hommus, Vege Sticks and Corn Chips

Wed 21st August Recess \$3.00



Fruit Kebab with Marshmallow

Tues 27th August Recess \$3.00



Party Pies X2 per serve

Wed 18th August Recess 2 for \$2.50









PARENTS BUILDING SOLUTIONS

PEACEFUL PARENTING - 6 week free face to face program for parents and carers of kids of all ages

· Are you tired of all the yelling - yours and theirs?

 Do you feel like you are reacting rather than knowing how to create more positive parenting and family connections and times?

 Do you have difficulties with increasing school participation?

 Do you have children with challenging behaviours for whatever reason - Living with ASD, Trauma, ages and stages of development; gender identity questions?

If your answer to any of these questions is "Yes!", please join us for this parenting program.

PARENT ZONE



DATES: Tuesdays July 30, August 6, 13,

20, 27, September 3

TIME: 1.15 - 3pm

WHERE: Mahogany Rise Primary School

Forster Avenue Frankston North

COST: FREE!

Please register via the link below or the QR code

https://events.humanitix.com/mahoganyrise-peaceful-parenting-pbs-term-3-2024

For more information contact: Michelle Brown michelle brown@anglicarevic.org.au

TOMORROWS





Frankston Hospital redevelopment

Construction notice - August 2024

What works are coming up?

Hastings Road and Yuille Street intersection upgrade works

As part of the redevelopment of Frankston Hospital, the intersection at Hastings Road and Yuille Street will be upgraded with new traffic lights and pedestrian crossings, as well as bus stops to improve public transport access to the hospital (see map overleaf). These works will improve pedestrian and vehicle movement and make traffic turning into and out of Yuille Street safer.

Works to upgrade the intersection will start in late August 2024 and continue through to early 2025.



Artist impression: New traffic lights at Hastings Road and Yuille Street intersection, Frankston

Works to be completed

The intersection upgrade will deliver:

- · traffic lights and associated line marking to the intersection
- a new slip lane from Hastings Road to Yuille Street
- new bus shelters along Hastings Road
- new pedestrian crossings across Hastings Road
- replacement kerbing and footpaths
- a new retaining wall adjacent to St Francis Xavier Catholic Primary School
- traffic islands and re-asphalting of the Hastings Road and Yuille Street intersection.

These works have been approved by Frankston City Council and the Department of Transport and Planning.











What to expect

Traffic management will be in place for the duration of the works which will include some temporary lane closures, minor vehicle and pedestrian detours, and some overnight works. Nearby residents will be notified ahead of specific works and any impacts as required.

Access to Frankston Hospital and neighbouring properties will be maintained at all times. For your safety, please remain alert and follow any signage in place.

During these works, you may notice:

- · noise, dust and vibration during construction
- · increased vehicle movements and construction activity in the area
- minor detours due to temporary lane closures
- some overnight works with temporary light towers in place
- minor pedestrian detours around the works area
- temporary impacts to the right-hand turns into and from Hastings Road
- traffic management to allow safe movement of vehicles and pedestrians around the area.

Contact us

If you have any questions, please contact:

Construction

Exemplar Health/Lendlease: 1800 003 677 or enquiries@exemplarhealthfhr.com.au

Hospital operations

Peninsula Health: fhredevlopment@phcn.vic.gov.au

Project

Victorian Health Building Authority: fhrproject@health.vic.gov.au

To find out more about the redevelopment, visit our project page at vhba.vic.gov.au/frankston-hospitalredevelopment

Thank you for your ongoing support and patience while we continue works on your bigger, better Frankston Hospital.

Frankston Hospital redevelopment

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PARENTS BUILDING SOLUTIONS

PEACEFUL PARENTING - 6 week free interactive online program for parents and carers of kids of all ages

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If your answer to any of these questions is "Yes!", please join us for this parenting program.

PARENT*ZONE*

DATES: Tuesdays - July 30, August 6, 13,

20, 27, September 3

TIME: 6.30 - 8pm

WHERE: Online - please note there are no recordings of these sessions and people are asked to have their

cameras on

COST: FREE!

Please register via the link below or the QR code

https://events.humanitix.com/t32024peaceful-parenting-pbs-tuesday-night

For more information contact: Michelle Brown michelle brown@anglicarevic.org.au

TOMORROWS





Become a Berry Street foster carer

Partner with us and support a local child on their journey.

Childhood is a journey, but not every child starts in the same place.

In our local community there are many children and young people who need a safe place to live.

As a Berry Street foster carer, you'll be a part of a team that is committed to supporting children who are unable to live with their family.

And by providing them with a safe and nurturing home – you'll be there for them at a crucial moment in their life.









CELEBRATING 150 YEARS

FRIENDS LEARNING TOGETHER

Thank you to the following businesses who have donated to our 150th birthday Celebration on the 1st of November 2024.

Please support those who support our school.











CELEBRATING 150 YEARS

FRIENDS LEARNING TOGETHER











KX Pilates Frankston +61 404 988 637

34A Wells Street Frankston VIC 3199

kxpilates.com.au |@kxpilates









SMALL IDEAS Melbourne

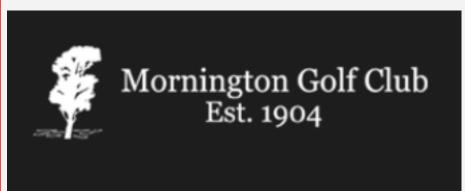


CELEBRATING 150 YEARS

FRIENDS LEARNING TOGETHER

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BRANKS OF PRIMARY SCHOOL











COMMUNITY . ASPIRE . OPTIMISM . RESPECT . RESILIENCE . EMPATHY . INCLUSION

PREP 2025 OPEN MORNINGS AND AFTERNOONS We look forward to meeting you!

TERM 1:

Tues 20th Feb 9.30 - 10.30

Tues 27th Feb 9.30 - 10.30

Tues 5th March 9.30 - 10.30

Thurs 7th March 4 – 5pm

Tues 19th March 9.30 – 10.30 ete

& 4 - 5 pm

Thurs 21st March 9.30 - 10.30

& 4 G Cpin

TERM 3:

Thurs 18th July 9.30 - 10.30

Tues 23rd July 9.30 - 10.30am

Thurs 25th July 4 - 5cm

TERM 2:

Thurs 18th April 9.30 - 10.30 & 4 - 5pm

Tues 23rd April 9.30 - 10.30

Tues 14th May 9.30 - 10.30

Thurs 16th May 4 - 5pm

Tues 21st May 9.30 = 10030

Thurs 30th day 4 - 5pm

Tues 11th June 9.30 - 10.30 & 4 - 5pm

Prep Parent Information Session 6.30 - 7.30pm

Thurs 2nd May - 2024

Thurs 6th June - 2024

OR CALL US AND BOOK YOUR PERSONAL TOUR

Davey Street, Frankston, 3199 T: (03) 9783 3769

E: frankston.ps@education.vic.gov.au

www.frankstonps.vic.edu.au

Community

Aspire

Optimism

Respect

Resilience

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Inclusion