**FRANKSTON PRIMARY SCHOOL**

**SCHOOL DENTAL SERVICE REMINDER**

Frankston Primary School has agreed to support the Mobile Dental Service utilising the Child Dental Benefit Scheme.

In order to utilise this service at our school YOU MUST complete ALL consent forms and medical questionnaires that were sent home last week and return them to school as soon as possible. This service will only be offered at our school for a limited time so please be prompt with the return of all necessary forms.

Please note: It is necessary to complete a separate set of consent forms and medical questionnaires for each individual child. Using a team of accredited and experienced dentists Future Care Mobile Dental Service Victoria Pty Ltd (FCMDS) will provide high quality, on-site, general dental care to students in our school (who have consented to participate in the program) under the Child Dental Benefits Scheme (CDBS).

THANKS to all those parents who have returned forms already.

Jo Booth (Assistant Principal)

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**FRIENDS LEARNING TOGETHER**

**NEWSLETTER**

**Friday 27th May 2016**

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**PRINCIPAL’S REPORT**

**Cross Country**

Congratulations to our students who qualified and ran in the District Cross Country last week. They all tried their best in the event, and competed against the best runners on the Peninsula. Well done to Ruby and Remy who both finished 7th in their events. These students now head to the Division Cross Country Championships and we wish them all the best for this.

**District Sport**

Our students in years 5 and 6 have been participating in the winter rounds of their inter-school sports competition. We have a football team, two soccer teams (Boys and Girls) and two netball teams (Girls and Mixed). Today is round 4 of a 5 round series and we are playing against Karin-gal. We wish our teams all the best for these.

Our teachers have reported that for each week of the competition our students have tried their best, but most importantly they have displayed excellent sportsmanship and have always congratulated the opposition regardless of the outcome.

Well done everyone and all the best for the final round against St Johns next week as well. The last game will be played between recess and lunch (11:30 – 1:00pm) for those parents who come along to watch and cheer on our teams.

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**MONTH OF JUNE**

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**Friday 10th CURRICULUM DAY REPORT WRITING**

Students are NOT required at school on this day so please mark this on your calendar.

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**COSTS OF NEWSLETTER**

**ADVERTISEMENTS 2012**

Business card size: $15.00 (1x entry)  
$110/weekly/1 term)  
1/4 page once: $25.00  
(Costs include 10% GST)

Distribution of your own flyers to each family in the school:  
$25.00 (which includes school notice board display).  
Advertisers may provide their own advertisement (email) to:  
booth.joanne.j@edumail.vic.gov.au  
or “wording only” and design provided.

All our newsletters are made available on our school website  
www.frankstonps.vic.edu.au

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**CONGRATULATIONS TO GRADE 3/4M**

Keep up the great job kids!

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**LAST WEEK’S WINNERS OF OUR “EVERY DAY COUNTS” AWARD**

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**Friends Learning Together**

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**FRI 10TH JUNE**

**‘CURRICULUM DAY’**

“DON’T FORGET THIS IS OUR PUPIL FREE CURRICULUM DAY FOR REPORT WRITING AND STUDENTS ARE NOT TO ATTEND SCHOOL ON THIS DAY”

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**FRI 10TH JUNE**

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HAPPY BIRTHDAY
TO THE FOLLOWING STUDENTS
CELEBRATING THEIR BIRTHDAY
THIS WEEK
Ethan Bella Tyson
May the year ahead be a great one!

NOTE: If you are planning to provide a class treat for your child’s birthday please check with your child’s teacher first to arrange a suitable time and to check on numbers of students in the class.

ACHIEVEMENT AWARDS
CLASS AWARDS - THIS WEEK
PREP R Sehajleen
PREP L Isabelle
GR 1/2G Jordan
GR 1/2M Irysh
GR 1/2H Shakina
GR 3/4W Mackenzie
GR 3/4H Lucia
GR 3/4N Ru’a
GR 3/4M Faithful
GR 5/6M Ruby
GR 5/6S Edourdo
GR 5/6F Tom

SPECIALIST AWARDS
PHYS ED with Mrs Kylie Crebbin
Jordan 1/2G
VISUAL ARTS with Mrs Janelle Doyle
Jacob 1/2M
PERFORMING ARTS with Mrs Sally Grage
- Moore
CULTURAL STUDIES with Mrs Sally Grage
- Moore

SMOOTHIE CLUB AWARDS
The following children were commended for excellent behaviour and attitude OR for achieving personal goals set for them. These students joined in celebrations at Frankston Primary School’s Smoothie Club as part of the ‘YOU CAN DO IT!’ program.

Commendable Behaviour Awards
Alice Abhishek
Oskar Haylee
Ned Tane
Rex Tahleah
Tayla Belinda
Shawinka Kevin

Personal Goal Awards
Callum Pomery Sameem Habibi

Congratulations kids keep up the great effort!

FRANKSTON PRIMARY SCHOOL’S SENIOR SCHOOL CLUBS PROGRAM
FRANKSTON PRIMARY SCHOOL FITNESS CLUB
Hello everybody, news from the Fitness Club! We have been exercising since the beginning of Term Two. I am very happy to report that lots of kids are trying out the Fitness Club on Thursday morning. You may have heard your kid talking at home about it or I heard some parents have even put to the test doing a correct squat exercise.

Now I thought I give you a heads up what we are doing every Thursday morning from 8.30 to 8.55am. Fitness is a wonderful way to keep your body healthy and the good thing about it, you don’t have to be fit to do it, you’ll gain your fitness over time. Be patient with yourself and keep coming. I hope the kids can take away from it that Fitness is no artificial exercise but it is something to make your daily life better, easier, more fun and healthier. Why do we try to stay fit at all? Why do we need all those squats, Push ups and runs?

In our Thursday Fitness we practice Push ups or burpees not only to get strong arms and a steel core but we practice them to be able to get off the ground as fast as possible, and as often as we wish. Fitness keeps Life Choices alive. When you are unfit there’s a lot that you cannot do any more and it won’t get better with age.

How long does it take you to get onto your belly and back up again?

A Squat as another example is the ability to move our full body weight controlled down towards to the floor and back up again. Controlled means as fast or as slow as we wish, and as often as we need it i.e. to pick up things or sit down and jump up to get something. Watch yourself do you use your hands habitually to get up from a chair? A first sign, that your legs are not as strong as they could be…Use it or lose it- what we do frequently is what our body learns.

If you are interested have a sneak peak with your child together. We train every Thursday from 8.30 to 8.55 am.

Tania Harrasser (Parent Volunteer-Personal Trainer)

ENGAGEMENT PROGRAM—CALM KIDS
Our students who attended ‘Calm Fun’ this week as part of our school’s Engagement Program participate in activities that promoted calm and positive feelings. The kids enjoyed some puppet fun and were excited to make stress balls to include in their ‘Calm Bags’.

CANTEEN TREATS NEXT WEEK
WEDNESDAY Raison Toast (2 slices) $2.00 ea
THURSDAY Cheese Toasties $2.00 ea
ICE CREAM FRIDAY
Ice cream cones on sale every Friday at lunchtime. $2.00 each